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## October at Edinburgh University Kendo Club

With the first month of this academic year, the Kendo Club has taken on a set number beginners for the year. Older members enjoyed the annual Halloween Keiko and are looking forward to tournaments (Taikai) later on in the year. This month was filled with annual events such as beginners bash, Halloween Keiko, and the Halloween party.

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### Kendo Seminar led by Baz Straughan

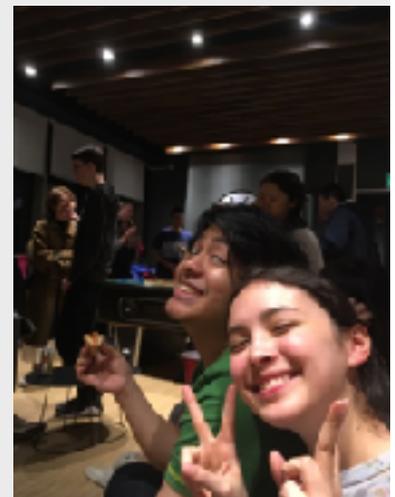
Early on in October, on the 7th October, Baz Straughan ran and hosted a Seminar for the University Kendo club's members. The seminar focused on key aspects of our Kendo and gave everyone something to improve upon and think about in more detail. This seminar also gave members something to think about in all future practices.



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### Beginners Bash

The annual beginner's bash is a tradition in the kendo club, marking the point where the taster sessions are over and the beginners with us are here to stay. The party itself promotes the relationship between beginners and other members of the club, between sempai and kouhai. Activities include who is your favourite sempai, with the majority of beginners voting for our Captain, going round everyone's names and why they joined the kendo team. Overall a great night for team bonding with everyone.





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### **Halloween Keiko**

Another traditional at the Kendo club is the annual Halloween Keiko, which happened this year on the 28th of October. The normal practice is shaken up a bit with lots of changes and different activities however, is a surprise for the new beginners every year. So this newsletter won't go into too much detail so future Halloween Keiko are still a surprise!

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### **Halloween Party**

Another annual event at the club is the annual Halloween Party, all members dress up with a reward for best dressed. With everyone relaxing together after the first month of kendo practice, which can be quite intensive for beginners. A fun night for all members of the club.



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### **October Practice Times;**

<b>Monday morning practice (Asa-geiko)</b>	<b>06:30 - 07:30</b>
<b>Wednesday (Beginner) Practice</b>	<b>20:30 - 22:00</b>
<b>Saturday (Beginner) Practice</b>	<b>15:30 - 18:30</b>
<b>Sunday (Sempai) Practice</b>	<b>15:00 - 17:30</b>